

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

Lunch

Buffalo Schnitzel or
Grilled Chicken
Vegan Schnitzel
Green Beans
Chef's Choice Soup
Salad Bar
Fresh Fruit

Lunch

Lasagna
Vegan Alfredo
Lasagna
Eggplant Parm
GF Baked Ziti
Roasted Veggies
Lentil Soup
Salad Bar
Fresh Fruit

Lunch

Chicken Dunkers
Grilled Chicken
Vegan Nuggets
Mashed Potatoes
Green Beans
Mushroom Barley
Salad Bar
Fresh Fruit

Lunch

Grain Bowl
Toppings: Feta
cheese, shredded
carrots, peas, black
beans, avocado
slices, Diced
"Beyond burger"
Green Beans
Beef Onion Soup
Salad Bar
Fresh Fruit

Lunch

Sandwiches
American style:
Vietnamese:
Israeli style:
Fries
Toppings
Chef's Choice Soup
Pickle Spears
Salad Bar
Fresh Fruit

Lunch

3 challants
ashkenazi - with
barley and kishka
Sephardic with rice
(GF)
Vegetarian
Sliced Deli
Pasta Salad
Sliced Bread
Salad
Fresh Fruit

Brunch

Donuts
Pancakes
Scrambled Eggs
Salad
Fresh Fruit

Dinner

Beef Stroganoff
Chicken Cacciatore
Beyond Beef
Stroganoff
Noodles
Chefs Choice Soup
Salad bar
Fresh Fruit

Dinner

Tostado(fried corn
tortilla, topped with
a slaw of cabbage,
beet and onions,
with feta cheese)
Fish Tacos
Nachos Bar
Creamed Corn Soup
Salad Bar
Fresh Fruit
Churros Cinnamon
or Apple Pie

Dinner

Fried taquitos with
potatoes and
chicken or beef
Taquitos with
potatoes and
beyond burger
meat
Guacamole Bowl
Salad Bar
Fresh Fruit
Caramelized
Plantains

Dinner

Pizza Bar
Cheese, Margherita,
Ranch w/ vegan bbq
Chicken
Toppings
Green Beans
Beef Onion
Salad bar
Fresh Fruit

Dinner

Sliced Roast Beef
Roasted Chicken
Beyond Beef
Wellington
Mashed Potatoes
Sweet Potatoes
Chicken Matzo Ball
Soup
Fresh Fruit
Cookies

Third Meal

Poached Salmon
Egg Salad
Tuna Salad
Roasted Veggies
Tortilla Chips
Bread
Salad
Fresh Fruit
Cookies

Dinner

Baked Tilapia
Pasta Bar
Roasted Veggies
Corn Chowder
Salad Bar
Fresh Fruit

